



ATASCADERO BIBLE CHURCH

Intentional Discipleship Residency House Covenant

Mission Statement: The IDR exists to equip young adults to become more like Jesus.

Vision: By God's grace we will see the global church thrive toward completion of the Great Commission as this generation of young adults is disciplined.

Program Description: The IDR is a 10-month residency running from August through May, for adults ages 18-24. This internship will provide training in life skills, spiritual disciplines, biblical thought, practical theology and vocational discernment. This will occur through assigned readings, Spirit-led community conversations, tailored discipleship, hands on service, and residential community.

Cost: Students will pay \$300/month which includes assigned reading materials, housing on campus, and all utilities. Payments are due on the first of every month from August through May.

Goals for the discipleship residency:

1. Life Skills: Develop skills in communication, empathy, cooperation, and unity
2. Spiritual Disciplines: Experience and appreciate the fruit of relational discipleship
3. Biblical Thought: Intentional training to read, understand, and obey Scripture
4. Practical Theology: Foster a lifestyle of humble service
5. Vocation: Discernment/development of vocational interests and skills, including 10 hours a week in vocational apprenticeship with a local business partner or church

Rather train yourself for godliness; for while bodily training is of some value, godliness is of value in every way, as it holds promise for the present life and also for the life to come.
1 Timothy 4: 7b-8

Whatever you do, work heartily, as for the Lord and not for men, knowing that from the Lord you will receive the inheritance as your reward. You are serving the Lord Christ.
Colossians 3:23-24

DISCIPLES strive to be increasingly...

WORSHIPFUL: Discipleship is about growing in Christlikeness.

- I commit to engaging in ongoing and increasing personal spiritual growth through prayer, bible study, and service.
- I commit to regular church attendance.
- I commit to a regular time of Sabbath rest and worship.

TRANSPARENT: Disciples grow as we embrace honesty and accountability.

- I commit to regular accountability by checking in with housemates.
- I commit to asking other residents the hard questions about life and faith.
- I commit to having restrictions on the use of electronic devices in order to foster authentic relationships while living in community.
- I commit to a discipling relationship with a mature member of the church.

HOLY: Disciples strive to be holy because our God is holy.

- I commit to abstaining from smoking, vaping, drugs, and illegal substances.
- I commit to abstaining from alcohol while on church property.
- I commit to abstaining from pornography.
- I commit to living above reproach in my relationships with the opposite sex. Members of the opposite sex will not be allowed in houses past 11pm or in each others' bedrooms.
- I commit to not dating anyone under 18 or dating anyone who is not pursuing Jesus.
- I commit to guarding my speech by avoiding swearing, slandering, and gossiping.

SELFLESS: Disciples place the needs of others before themselves.

- I commit to fostering genuine community by selflessly building relationships with other residents.
- I commit to going to the other person first to discuss interpersonal problems.
- I commit to tending to my living environment by selflessly participating in our regular cleaning schedule and chores.
- I commit to selflessly living with roommates by going to bed and getting up at reasonable times.
- I commit to fostering a spirit of generosity with my time and treasure.

COACHABLE: Disciples never stop learning.

- I will expect, embrace, and implement regular feedback on my work and personal life from my supervisor(s) and/or mentor(s).
- I commit to openly receiving instruction and correction before responding or defending myself.
- I will seek out opportunities to be coached by ABC church members and in a one on one discipling relationship.
- I commit to attend weekly meetings with my vocational mentor for encouragement, evaluation, and instruction.

Ultimately this program is about you and the effort you put into your growth. There are always ways to avoid accountability and slack off... but your personal efforts will determine the extent to which you grow. *True disciples apply themselves toward personal growth.*